



















q comment:

After five years in the making, and shot around Elwood and St. Kilda, the new Australian gay feature film 'The Dream Children' will have its world premiere on Tuesday, 24 March at 6.00pm at the Australian Centre for the Moving Arts. Federation Square. Melbourne as part of the 25th MQFF.



The film has been be doing the International film festival circuit in the last year and has been included in 5 major festivals to date. The film is unlike any other contemporary Australian film - shot in a beautiful European style, confronting and sometimes humorous - the movie deals with subjects such as celebrity, same sex marriage and adoption and drug addiction in a honest and direct one.

The director and producer Robert Chuter and Christopher Pender, together with Claudia Greenstone, Marc Opitz, Nicholas Gunn and numerous others are all residents of the City of Port Phillip. The production was also supported by the City of Port Phillip and the Acland Street Cafes and Businesses. The film has recently acquired a worldwide distributor and sales agent and was screened as a preview at the American Film Market.

Tickets are available now here: ACMI Tickets & Information Desk 8663 2583 (credit card required) or online: https://www.acmi.net.au/visit-us/ ticketing-information



Editorial / Sales & Marketing

q feature: CHAPEL OFF CHAPEL

One of my favourite arts spaces is celebrating a milestone on the 19th of this month - its 20th Anniversary - and to recognise this, I spent some time with my dear friend, Ibrahim Mustafa who is the Marketing and Producer Liaison Officer. He started as a part-time Front Of House Officer, which turned into a full-time Front Of House Supervisor role, then he jumped boats into working with the producers who hire the venue and marketing.

Chapel off Chapel wasn't always an arts space. What was it originally? When did the City of Stonnington take over the property and when did the building become what it is today?

In the late 1970s City of Prahran took over the venue, which had previously been Prahran Independent Church. It is one of the oldest churches in Melbourne having been built in 1858, 33 years after the first settlement of Melbourne, and is one of the oldest buildings in Prahran.

Chapel Off Chapel was a renaming of the Princess Gardens Recreation Centre that had been opened in February 1989. The recreation centre had been housed in the church hall



and ancillary rooms providing activities community recreation classes. It was redeveloped in 1993. This included a new link building that was created to form the foyer of the new centre. The new title was created to encompass the extension of the centre's activities into the arts, particularly performing arts.

Chapel Off Chapel was established as an 'integrated arts, recreation and tourism centre' by the City of Stonnington in 1994, officially opened on 19 March, 1995.

How has the space developed over the years?

From the outset the Chapel, being the bluestone church building, was the principal performance space, being used for a broad spectrum of performance genres such as theatrical, classical music, jazz, gospel and rock music. In 2001 the church hall, which we now call The Loft, became a second theatre space, no longer being extensively required for recreation classes. Both spaces have undergone a number of upgrades including seating banks, lighting and sound systems. These upgrades have allowed Chapel off Chapel to attract an ever broadening scope of hirers and larger scale productions.

Much like the industry we're in, the space is ever evolving.

Being a relatively small space – as compared to Arts Centre Melbourne for example – is it a challenge to attract shows and what is the process for anyone interested in holding a show at Chapel off Chapel?

Not at all, being a venue now in its 20th year, Chapel Off Chapel has established a very well respected reputation for putting on new and returning shows and gallery exhibitions. We have three great spaces and we think companies and producers want to come here because they know we are fiercely proud of our reputation and we want them to succeed. They really don't have to go it alone. We have a small, great team who we are really proud of, and we like to treat everyone that comes in here as family. We always welcome interest from producers and new companies. Anyone interested is required to go through the venue hire booking process, which involves a coffee with me!

I imagine the celebrations throughout March will be incredible. Are you able to run our readers through what will be on offer?

To help celebrate our birthday, a diverse range of past performers will return for a special week long series of exclusive, never seen before, one-off performances, including Chapel favourites Dolly Diamond, Mama Alto, Vertical Shadows Dance Company, and musical theatre stars Andrew Cook, Loren Hunter, Nick Hedger and Ben Nicholson. We will also be putting on a retrospective gallery exhibition, featuring artists who have previously showcased their work in our wonderful gallery space.

Schedule of events:

16 March- We Got This Covered - A Night Of Musical Mash Ups - starring Andy Cook and Loren Hunter (Strictly Ballroom, King Kong). Expect the unexpected in this evening of beautiful music from two of the most stunning vocalists Australian theatre has to offer featuring music from Gershwin to Beyonce.

17 March - PARRALAX - A Brief Love Encounter (Vertical Shadows Dance Company).

PARALLAX: A Brief Love Encounter indulges in the unforeseen shot of adrenaline driven by the infatuating nature of an uncontrollable short-term relationship.

18 March - The Mama Alto Revue (in collaboration with Miss Chief). Including highlights in song and story from tributes to great divas, interpretations of timeless standards, performances channeling Billie Holiday and much more.



19 March - An Evening With Dolly Diamond (accompanied by Cameron Thomas).

'Appearing as part of Chapels 20th birthday celebrations is an honor and it's going to be so much fun, and a night full of surprises... for me too I expect.' - Dolly

20 March - Worth The Breath (Hedger and Nicholson). Join young

Australian musical theatre writing duo (and Home Grown co-founders) Nick Hedger and Ben Nicholson and special guests, "They are young, super talented and on the brink of leading a revolution." — Stage Whispers

21 March - Show Off At Chapel (open mic). Your moment in the spotlight. Join our foyer showcase of new and loved acts performed for you by some serious talents — emerging, established or simply game enough to get up and Show-off their skills.

We would love you to join us - Please email us with your details your two favorite songs you would like to perform to: showoffatchapel@gmail.com

17 March - 2 April RETROSPECT - EXHIBITION To celebrate Chapel Off Chapel's 20th Anniversary we have invited some of our favourite past exhibitors to present a collection of their works from the past twenty years.

Come and enjoy this eclectic mix of artworks including illustration, photography, jewellery and ceramics.









q youth: with TASMAN ANDERSON

Tassie's Bucket List: #186 "Find a Cause"

We've all seen the environmental programs and the TV advertisements attempting to motivate you into helping one charity or another. More specifically, we've all had that one friend who spent a majority of their time helping some kind of charity or non-for-profit organisation. I'm sure many of you subconsciously just dismiss these opportunities whenever you came by them and trust me; I did the exact same thing. However, after twenty-two years of being a part of this world, I decided it was time I did something to give back.

Funnily enough, my chance to tick off number 186 "find a cause" came by unexpectedly. A few weeks ago, my 'teacher' family member came to me about seeing if I could organise a couple of book donations for her class. Since I review a lot of books for the Gold Coast Bulletin, I had a lot of access to authors and publishing houses. I'm also a



soon-to-be author (note: my debut novel comes out later this year!!) so it made it a lot easier to gain access to my local writing community. I didn't think it would be too hard to collect a few donations but what happened was something I never would have imagined.

Within a week, I had over a dozen authors promise a book with a personalised message, as well as two publishing houses offering a box full of their latest titles. On top of that, an author friend of mine was kind enough to donate her time and plan a fun workshop for the kids. The 'book drive' as I started to call it, became so big that I was able to exceed the amount of books we had hoped to collect and even have an excess to help out other classrooms and the school library.

Although the project was only meant to be a favour to my family member, it became something much bigger to me. I couldn't stomach the idea that there were kids out there that didn't have access to books. When I was a kid, the literary world was my safe haven. When life became a little too ordinary for my liking, I would lose myself in the world of Harry Potter or Francine Pascal's Fearless. The fact that these kids didn't have this option was absolutely devastating.

You'd be surprised what a little bit of information can teach you. I never really considered the reading levels or creativity of the younger generation until now. It's not that I was oblivious to the fact that there are kids out there who don't have access to the same things I did but I think it was more the fact that I never had a personal connection until now.

I think it's important that everyone has some form of 'cause'. I'm not saying that you have to start marching the streets and shouting out demands — unless you're into that. What I am saying is that maybe it's time you started finding something that makes you feel warm inside. Find that group or charity that makes you feel like you're doing something good, even if you're not sure where you want to go in life.

Although I have absolutely no idea where to go from here, I want to start a more permanent project — One that will help more than just my family member's school. I want to expand to other schools in need and local community centres. Although there is still so much I'm not sure about, I look forward to making this cause something that everyone would like to be a part of.

If you'd liked to make a book donation or know an author who might, please contact me on the email address below.

QUICK NOTE: an email address has been set up for you guys to comment on the content covered in Q: Youth, ask me questions or just to let me know what you're thinking. If you want to get in touch, shoot an email to qmagyouth@gmail.com



q gay files: with MATTEO SNOOKS

The new approach

So you're not getting anywhere with men? You're on holiday or bordering extinction from the dating scene! Everything seems to be the same old SH##! To be quite frank, I'm sick to death of people whinging about being single! I do not feel sorry or pity those who play the victim and always blame men because I can't see these people doing anything to help themselves.

We all know that finding the right man is something that just doesn't grow on trees. If there were magic potions then everyone would probably walk this earth fulfilled and completed. No more questions, no more doubts and none of that morbidly lonely mentality. Some of us fall into this dream like space where Prince Charming is going to sweep us off our feet and paint the beautiful image of a fabulous Toorak manor with his & his Lamborghini. If you think this is going to happen by waiting around or simply trying to lure a man in...then I say it's time to pause that Disney flick and wake the f### up.



It's completely healthy to daydream for about two minutes...then laugh at the fact that these outrageous thoughts have invaded your mind. Yes, these people do exist and lack reality on occasion. I'm not saying that we shouldn't set ourselves goals or give up in searching for love but aim to act and see things openly with a sense of realness and make sure you are not hunting men down...This is a distinct odour most of us smell and hunnnnny! I'd be embarrassed for you when you're dripping with desperation.

Look at where you are now in life and look at you're past actions, relationships and choices. All have led you to this very moment. If you are unhappy and constantly complaining then I advise you to get that lard ass off the couch and try a new approach to dating. In my experience and from what I have observed from friends... is that some fall into this trap or time sequence of how dating should rule out. There's never a single answer, and I blame tacky fake romantic films and books. But if dating isn't working for you and you're still sitting at home night after night swiping them men across that phone, then what have you got to lose in changing absolutely every single aspect to how you approach men...whilst being true to yourself of course!

I'm astonished at the amount of head-cases that fulfill mother earth. It shouldn't be so foreign, like a nun discovering her beefy vagina. I've learnt that there shouldn't be any rules or time patented sequence; like kissing him on the third date or having sex on the seventh. With-holding sex: BIG NO NO! Girlfriend, he will only get it elsewhere whilst you attend to that hand...ALONE. I'm not saying to throw your heart and cock in his face but have fun and see what happens without any pressure.

Just remember that you have nothing to lose and you may even learn something about yourself through this little experiment. So starting this weekend, your date is going to be somewhere different. Your going to have no expectations and no games are going to be played. Most of all you're not going to ponder on what he's thinking...if he likes you, etc...because it's just you, him and a bloody good time. Remember that it's okay to date more then one man at a time! Never put all your eggs into one basket...Wear a condom and flip yo' hair bitch...simple, easy and fabulous.

Have a question? Need advice?...or simply want to share stories for future print...write to Matteo at thegavfiles@outlook.com



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q cuisine: with ALESSANDRO RUSSO

History of the olive oil of Puglia: Puglia, with its more than 50 million olive trees, and in first place with regard to the production of olives and olive oil from Puglia and for this we can say that, and certainly the most important Italian olive growing region. The Apulian oil that is produced and strictly virgin (virgin olive oil, of impeccable taste, whose acidity can not be more than 1 g. Per 100 g.). The extra virgin olive oil from Puglia, depending on the olives and which product has different characteristics. The most delicate quality of olive oil, yellow gold, sweet taste with mild tingling, and ideal for preparations served raw. The average guy, an intense yellow color, sweet flavor and a little grassy, is suitable for preparation steamed and salt.



The type most intense greenish yellow color, with rich fruity aroma and slightly spicy, is suitable for grilling and roasting. The oil from Puglia, also, and ideal for frying because it does not change the structure of physical chemistry at high temperatures, so it is not harmful to health.

History of Wine: Puglia is a land of ancient wine traditions. The plains of Puglia have been a sanctuary for the vine and the olive tree, since the time of the Phoenicians and the Greeks. Homer himself spoke of this region as a place of "eternal spring" and were these particular climatic conditions favoring a abundance and variety of fine wines. The cultivation of the vine was practiced since the time of Greek colonization in the eighth century BC. Subsequently, at the time of the ancient Romans, Apulian wines had their moment of maximum splendor until the decline of the Roman Empire of the West also marked the decline of wine from Puglia. From the seventeenth century there was a revival of viticulture with the return of native vines, which were, however, then completely destroyed by phylloxera in the late nineteenth century. With replanting that followed it was decided to privilege the quantity of production rather than the quality.

Today Puglia is an Italian region that produces more wine than ever. Although still a lot of Apulian wine is used as a blending wine to strengthen weaker wines (until recently when it came between the insiders of Puglia is often used the term "wine cellar in Europe"), lately many manufacturers are investing in quality and there, especially in the field of red and rosé wines, fine examples. The Apulian wine scene is dominated by red grape varieties, among which the native vines primitive, whose name derives from the early with which it accrues, and Malvasia Nera, of Greek origin, which created full-bodied red that well matched with the dishes meat and game.



Puglia is located in the heel of the Italian peninsula. This coastal region - the seventh-largest - has more vineyards than any other Italian regions, after Sicily. In terms of production, is the leading manufacturer in the country.

Spaghetti with mussels in white Garlic parsley

Preparation:

Clean the mussels under running water, rubbing and scratching the shell with the knife to rimouovere any deposits. Open them gently forcing the shell with the knife, collecting the juice and being careful not to damage the fruit. An alternative to open them (but do not tell the doc Bari for which it is a sacrilege!) Is to put the mussels in a pot with lid on high heat, without water or smells, for a few minutes: Heat the mussels begin to open from sun. But beware: everything must be done in a very short time, because the mussels must not cook!



Far gild three cloves of garlic in a pan over low heat, with four tablespoons of olive oil. Add 4 to 5 mussels already clean to flavor the oil. After a minute, add the chopped tomatoes. Increase heat, then pour the remaining mussels with their juice. Cook for five minutes. Add a handful of chopped parsley - and, at will, even basil.

Meanwhile, cook the spaghetti and drain them a minute before cooking complete. Pour into the pan with the mussels and cook for few minutes to do. Complete, to taste, with a handful of black pepper."

q money: with EVAN DAVIS

The board game 'Monopoly' is still a very clever refection of the property development industry and I have an abundance of clients wanting to play it in real life.

Property development, as I see it, has three basic components. You need the right property, money (your own or borrowed) and a good builder. In Monopoly this means all the same coloured streets in the set, a HUGE wad of colourful money and enough little green or red houses to develop your sites.

Securing the right site is critical. Most of my developer clients say that they make most of their profit when they buy. Buying right means getting the most out of the site and squeezing more out of the project. Typically the more units a developer can get on a site the higher the likely profits. This means knowing the area you are buying in and also what the local council will allow. Otherwise a developer may have a costly and prolonged fight on their hands with town planning, or worse still, VCAT. Some areas have trickier councils and town planning rules than other areas. This can simply mean getting your proposal approved might take longer and therefore increase your holding costs.



It goes without saying, money is critical. Without having deep, deep pockets or the ability to borrow enough money, any potential property purchase and development is totally impossible. I have yet to meet a property developer that builds their stock with piles and piles of orange \$500 bank notes. Understanding what borrowing entails is critical too. All lenders have different rules and policies. Many will only fund two or three units/buildings on one site before they refer the lending application to a commercial facility and therefore a higher rate of interest.

It is worth talking to a good broker to understand the general rules associated with development finance and what is achievable with each lender. All lenders will complete a valuation on your site and calculate an 'ON Completion Valuation' before they commit to any funding. Developers will also need to factor in the ongoing and increasing cost of interest payments into their budget as a holding cost of the project. This will impact on their ultimate profitability.

Finding the right builder can be tricky. You don't want to get stuck with green houses and not red hotels! Ask around and find out who is good. There are builders who stand out in the development space and specialise in this area. Without question obtaining a few quotes is critical as you don't want to draw the 'Chance Card' calling for expensive repairs on all your properties.

For smart developers the 15-20% profit margins are still achievable though you need to do your numbers and get each stage of the development right. I'm about to start on my first development this year and I am very much looking forward to jumping in my little red race car and collecting my \$200 for 'passing go'.



q review: HOME SWEET HOME

By Mark Dawson

A clothing retailer in West Hollywood made news this week when the owner announced he was closing one of his three shops and converting it into America's first privately owned LGBTQ Centre.

The LA Jock Sport retail shop at 7990 Santa Monica Blvd is now "Home", a help centre serving the community and its allies by offering free support — including legal, mental health and vocational services - to those in need.

"Home" will not seek any public donations. All monetary funds will come from shop owner Nir Zilberman.

"I created 'Home' as a space where strong minded individuals can meet and work with other strong minded individuals to make the world a better place for all, gay and straight," proclaims Zilberman. "It's time we wake up to the many issues plaquing our society and take action here and now."



As the child of two Holocaust survivors, Zilberman always intended to create a place to help people, but it wasn't until he made local headlines during the Sochi Olympics that he realized the time to do it was now.

It all began with a window display in his LA Jock Sport shop featuring a mannequin dressed as a Jewish Holocaust victim. The uniform included a pink triangle, the badge worn to identify homosexual prisoners of concentration camps. Zilberman meant it as a political statement to highlight the similarities between Hitler and Russia's Putin. He hoped it would encourage the gay community — especially young Millennials — to protest against Russia, but he was disappointed. "I didn't realize how complacent we had become," he says. "We are living in a world where it is a crime to be gay in 78 countries! This is no time to be complacent, people!"

Zilberman accuses the gay community of forgetting its past struggles and the heroes who suffered for the rights the community enjoys today. "There was a time, not so long ago, when doctors refused to touch, let alone treat, homosexuals who were infected with HIV and AIDS."

In addition to its support services, it will provide meeting spaces for groups working to advance LGBTQ causes, as well as free wifi, computer access, a screening room, and research facilities.

"Home" is developing a variety of programs designed to remind all of the rich LGBTQ history and instill a new sense of community among gays and allies. Seminars will include "Living as Transgender", "Prep and Condom Use" and "What's Next", a class designed to help individuals realize their life's potential. There will be political and social groups including one for teens called "LGBTQ Teens Are Our Tomorrow". Home also houses a museum chronicling the LGBTQ community and its struggles though out history.

"We aim to build a bridge that spans the distance between our present situation and our vision of a better world," says Zilberman. "The beauty of the bridge is that once it is in place, anyone can cross it."



Zilberman's hopes his 'Home' will inspire others to build more 'Homes' like it in cities throughout the country. "We can't rely on our city governments to help us anymore. There is too much red tape and corruption."

He concedes it would be nice if billionaire like Bill Gates were to step forward, but says we can't rely on the wealthy either. "I'm not rich," he clarifies. "I'm simply fed up. And I believe everyday people can change the world."

For more information on Home visit https://www.facebook.com/wehohome.



This tripnotic journey of psychedelic variety acts, quality dining and razor edge comedy, is set to expand your mind, chill your spine and groove your soul!

DRACULA'S CABARET

1800 DRACULAS www.draculas.com.au

q fashion: YOME STYLE

YoMe Store has launched www.YoMe.com.au, a website devoted to the growing breed of style conscious men.

You may be thinking "ahh wonderful, another online clothing store, how is this any different from all the others I have seen?" Firstly great question, secondly - YoMe Store offers style to the male workplace wardrobe, offering outfits with modern stylish designs. Standing out is the key to business. Men's fashion and their style will set them apart from the pack. So our aim is to make mens business wear not only stylish and fashionable...but comfortable too.





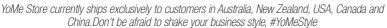
YoMe's stylish shirts and pants are made for men who love looking good and feeling comfortable. So say goodbye to boring blacks and greys, stop choking yourself with that windsor knot you are still not sure you are tying correctly and give your closet a new outlook on life - people will notice.

Andrew Tuck, the business owner and clothing designer behind YoMe, was inspired to create his first season's clothing range after he struggled to find a clothing store that stocked smaller sized fashionable clothes for men that fit like they did in the display windows.

Lets be honest, everyone wants "that" look they see on the store mannequin, but don't want to walk around with a bull clip holding back their shirt.

With YoMe's ready to wear range, you will have "that" look straight away. The pictures you see at the YoMe online store are exactly what you're buying. No colour touch ups, no alterations and No Bull Clips.

A lot of thought and months of hard work has gone into the YoMe apparel designs. This is not a pop up online store stocking the same clothing lines as everyone else who can set up a website or created an eBay account. YoMe has paid close attention to how each business shirt cuffs buttons back on itself to provide two different looks in one, to the slightly lowing of the crouch in the business trousers for maximum all day comfort. They also use a lightweight stretch polycotton to ensure all the shirts are comfort for those long days at the office or when you're out socialising.





QUALITY BROADCASTING FOR THE LGBTQ COMMUNITY









g travel: with BARRIE MAHONEY

'Twitters from the Atlantic

Barrie Mahoney was a head teacher and school inspector in the UK, as well as a reporter in Spain, before moving to the Canary Islands to launch and edit a new English language newspaper. He enjoys life in the sun as a columnist and author, and continues to write a series of popular novels, books for expats, as well as designing mobile apps and websites to promote the Canary Islands.



Pancakes, Vicars and Tarts

Thankfully, few Canarians have anything to do with pancakes, which are very much a British and American thing. However, despite not having a 'Pancake Day' in quite the same way as in the UK, Canarians still enjoy the day, as well as quite a few days before and after, known as 'Mardi Gras', which means 'Fat Tuesday', or 'Shrove Tuesday'. It is a time to really let your hair down before the gloomy period of self imposed penitence and repentance, known by Christians as Lent. Mardi Gras is a strange mixture of carnival, culture, tradition and religion, with the odd bit of debauchery thrown in for good measure. I guess this why so many people enjoy it, and its larger excesses are usually forgiven and forgotten.

The self-imposed frugality of Lent is, thankfully, demanded far less by the Church nowadays, although for many, it is still a period of self reflection, denial and rededication. As with New Year resolutions, many people decide to "give up something" for Lent. Often, this consists of taking a 'gentle approach' by denying oneself certain types of food, such as chocolate, or a biscuit with morning coffee, whilst others may choose to take 'the big bang approach' by giving up Facebook, shaving, alcohol or, as one

of my friends is insisting upon this year, carbon emissions. The practicality of this last choice has yet to be explained to me. Personally, I much prefer taking the 'alternative approach' of having a really good party during 'Mardi Gras', and not worrying too much about the period of self-denial during the following forty days; there's plenty of time to worry about such things when we are dead.

During the week before the beginning of Lent, carnivals take place throughout the world, with some of the brightest, most unusual, biggest and best taking place in Spain and, in particular in the Canary Islands. All of the inhabited islands and most towns have their own versions of carnival, with those in Las Palmas de Gran Canaria, as well as in Santa Cruz de Tenerife, which are billed as "Second Only to Rio", offering some of the most spectacular experiences that residents, expats and visitors will never forget.

Annoyingly, unlike Christmas, Mardi Gras, Ash Wednesday and Lent can fall anytime between February 3rd and March 9th each year, since Easter is a moveable feast involving a calculation originally determined by the Catholic Church. As a result, Mardi Gras in many countries can hit a wet, cold period, or a deliciously warm one, which is usually the case in the Canary Islands. However, an early Mardi Gras does explain why many of the islands' young men, who tend to dress up as half naked angels, found the evenings so chilly this year.

The party is almost over, and costumes are being packed away as Carnival ends for another year. It grinds to a heady conclusion with a ritual funeral, called 'The Burial of the Sardine', in which a huge model of a sardine, accompanied by wailing, slutty widows, which some describe as a huge 'Vicars and Tarts Party', but with more dildos and greater blasphemy, is finally laid to rest. Does any of this make sense? Not really, but does it have to? In any case, it is great fun and if you haven't, you should try it sometime. It certainly blows away the winter blues!

If you enjoyed this article, take a look at Barrie's websites: www.barriemahoney. com and www.thecanaryislander.com or read his book, 'Expat Voice' (ISBN: 9780992767174). Available in paperback, as well as Kindle, iBooks and Google Play editions.

iPhone/iPad and Android Apps: ExpatInfo, CanaryIsle and CanaryGay now available.



q arts centre: TANGO & LE NOIR

Artfully sexy, Milonga takes tango into the 21st century ARTS CENTRE MELBOURNE PRESENTS: Milonga A Sadler's Wells production Directed by Sidi Larbi Cherkaoui 1-5 April 2015, State Theatre

The art of tango has captivated the world with its sexuality, power and beauty for centuries, and Milonga is a fascinating exploration of this traditional dance from a contemporary perspective.

Milonga sees one of Europe's most exciting contemporary choreographers, Sidi Larbi Cherkaoui, bring his renowned take on tango to the Arts Centre Melbourne. Known for his ability to translate emotion into dance. Cherkaoui's skills have seen him hailed as one of the most visionary choreographers in dance today.



With an incredibly talented cast of fifteen Argentinean dancers and live musicians, Milonga draws on Argentinian influences whilst also infusing aspects of the 21st century into the movement.

With guidance from tango superstar Nelida Rodriguez de Aure, Milonga combines the sensuality of tango with the cutting edge of contemporary dance, resulting in a stylish masterpiece. Performed in the expansive State Theatre, Milonga takes the idea of social dance events held in intimate late night bars and amplifies it tenfold.

Milonga is produced by Sadler's Wells, London's premier dance venue, home also to other international stars of contemporary dance Akram Khan, Matthew Bourne, Wayne McGregor, Hofesh Shechter and many others.

Lust made tangible. Movement breaking boundaries. Don't miss the magic of M!longa.

To book visit www.artscentremelbourne.com.au or phone 1300 182 183

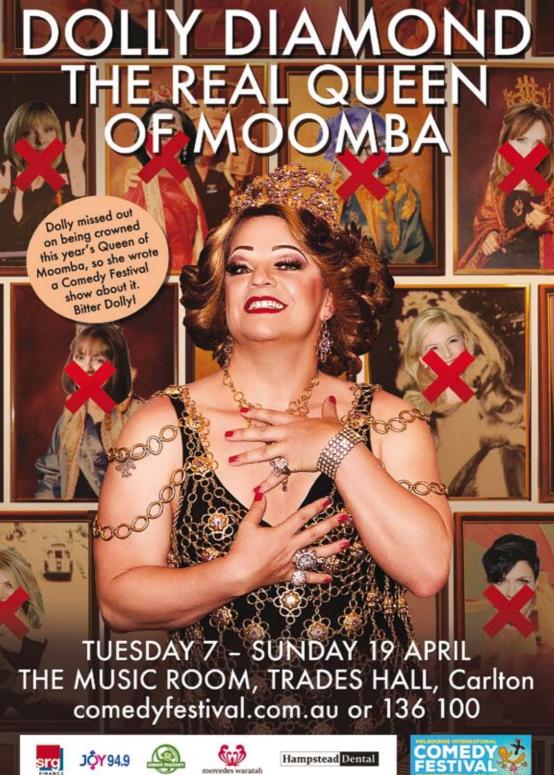
Following on from a world tour, Le Noir - The Dark Side of Cirque finally comes to Melbourne this April. For the first time ever, the State Theatre will be transformed into the round, giving audiences an exhilarating 360 degree view of the show. A once in a lifetime experience has been created that puts the audience on stage and in the centre of the action, with the heart-pounding acts only inches away.

Le Noir - The Dark Side of Cirque features 24 of the world's greatest circus acts - many of whom are former stars of Cirque du Soleil. It boasts mind-

blowing displays of balance, contortion, stamina, aerial artistry and acts such as the death defying Colombian Wheel of Death that challenges gravity itself, and the Aerial Cradle, the only act of its kind in the world.

Arts Centre Melbourne, Tim Lawson, Simon Painter and Red Events present: Le Noir 9-18 April 2015 State Theatre Tickets from \$59** (additional fees and charges may apply) TICKETS NOW ON SALE TO BOOK: www.artscentremelbourne.com.au. PERFORMANCE SCHEDULE - 3 NEW SHOWS!!

Thursday 9 April, 8pm; Friday 10 April, 6pm & 9:30pm; Saturday 11 April, 6pm & 9:30pm; Sunday 12 April, 6pm; Tuesday 14 April, 7pm; Wednesday 15 April, 1pm/8pm; Thursday 16 April, 8pm. NEW SHOWS NOW ON SALE: Friday 17 April, 8pm; Saturday 18 April, 2pm / 8pm.









q drag: IVYY MONROE

2015 looks like being a stunning year for Ivyy Monroe. After an oustanding performance in Drag.Net at the GH in 2014 her career has blossomed, and now with a few Midsumma triumphs under her belt she told Alan Mayberry of her road to success.

The last week of February was my 19th birthday and marked one year of doing drag. I've only missed 1 weekend not being in drag and have worked hard on shows, work and me. I promised myself early on that I didn't want to be one of those queens who change values when I put on a wig and heels. Of course we get camper and gayer, but I've tried to never lose myself. But let's go back to the start of it all.

I'm Ivvv Monroe also known as Jonathan Walsh MUA, I grew up with two amazing parents and one amazing older brother in the Sutherland Shire of Sydney. I grew up knowing I was adopted, that my truly supportive parents weren't biologically related to me, and neither was my brother, 6 years older. My brother and I both went to primary school at the Sutherland Shire Christian School where in second grade I discovered my passion for Dance and Performing Arts. I competed successfully in many dance competitions and Grade 6 was a year of secondary school auditions, and my first ever-amateur musical The Boy From Oz! I was accepted into the Newtown High School of Performing Arts where I flourished into a lover of musical theatre and classical ballet. The highlight was a dance tour to Europe and the UK, even performing in Paris Disneyland. Then came the NSW State School Spectacular in the Sydney Entertainment Centre and starting my amateur theatre career in Year 9. I love musicals so you can imagine how elated I was to land the roles of Mister Mistoffelees in Cats and Bobby in a 2012 production of A Chorus Line. No wonder I grew to love all things rhinestoned and theatrical.



Then came my big move to Melbourne to complete Years 11 and

12 at the Victorian College of the Arts. It was a wrench leaving my mother and father and I went through two different homestay host families till I settled. It wasn't easy juggling a five-day week 8 till 5-30 schoolwork load, while completing a course at the Royal Academy of Dance and over 8 hours a week figure skating at the Medibank Icehouse in Docklands. Now I'm just itching for a venue to install an ice rink so I can display those skills.

Sadly I finished my years at the College of the Arts in Heidelberg Hospital with a spinal injury leaving me in a wheel chair and crutches over the VCE period. Having bulging discs pushing on my spinal cord left me with no feeling or movement from my right hip down after a successful final ballet assessment. Great physiotherapy during and after my stay in hospital keeps me going still today. Amazingly, despite being unable to complete any performance exams, I successfully finished with flying colors. Having been through physical and mental and emotional pain throughout my high schooling years, graduation was a big day. I had tried drag during my final year and went underage to clubs in drag — but it wasn't because of the art form, just to escape drama as Jonathan.

From very young growing up in a Baptist church environment weekly I'd heard slurs against homosexuality and knew how wrong it was in the eyes of God, but even from a very early age I wondered why we were to love everyone but homosexuals? It was almost immediately after starting Newtown High that I came out to my best girlfriend that I had a crush on a boy. Still going to church every Sunday night, I tried coming out to my mother in Year 8. Denying it could be true she advised, 'You just haven't found the right girl' and with that I never mentioned it again. It wasn't till I found myself in a very dark place in Year 10 in hospital, that my then best friend said to Mum and Dad that I was gay. By this time in my life everyone at school, dancing, theatre — everywhere but at home — knew I was gay. It took time for Mum and Dad to be comfortable that I was gay and have been amazingly supportive. My brother who'd joined the military had made some remarks against gays to me before, so Mum and Dad broke it too him with the response 'Cool — as long as it doesn't affect me!'

My first time in drag a good friend put my first face on and I wore barely anything (nothing's changed there) and had a camp time out at the GH for the first time. I also braved my classmates and on our Muck-up day for Year 12 I came as a school girl in school uniform! Since then I grew to love drag only missing 1 weekend with no drag involved.

Being on stage is where I feel most comfortable in drag, first performing on Commercial Road's Karma stage. My first big performance and almost Coming Out performance was *Drag.Net* at the GH, where I'd been working as a bartender in and out of drag for 2-3 months. I won my first heat and was loved by judges such as Jason Coleman, Pandora Boxx and Trinity K. Bonet. I moved straight to the finals against some amazing Melbourne queens but I never made the top 2 but formed amazing bonds over the time with my two closest sisters, Isis Loren and Amena-Jay. Soon after the finish of *Drag.Net* I was asked to guest host Bingo with Jessica James at the GH and continually do co-host with her. Then came hosting at Love Machine and later Jessica James's *Madonna Show* that audiences loved.

I was thrilled to coordinate a show for Midsumma Carnival's main stage with Isis and Amena, which was definitely a learning experience as I have never had the opportunity to put together a production show. This was also a really nice way for me to give back to the community that only in 1 year has given me so much support.

Early on I started working behind the GH bar both in drag and as me. This definitely pushed my drag having an opportunity to really work on my make-up skills as a drag queen and find what worked for my face. My make-up and style is always evolving. I completed a Diploma of Specialist Make-up and realised how



crucial it is to know what suits my face and proportions, and lots on color, shade and blending. Having gone through a lot of older performance photos I have seen the most change in Paris's make-ups. She keeps evolving her make-up to suit performances and venues.

I never forget the importance of needing time out to relax and have me time. I'm a big theatre geek and love tucking in with some

take-out Mexican and watching anything Broadway related on YouTube or constant replays of 25th Anniversary Phantom of the Opera at Royal Albert Hall! I love living with an amazing and supportive house mate close to Chapel street and the GH, who sometimes gets me to put a quick face on him for a fun night out! I also enjoy a night seeing the Drag Race girls to see their different styles and have a chat with them! After all they have been offered a performance overseas and who wouldn't take up an opportunity such as that!

It recently came to my attention that family friends back in Sydney disapprove of my life and lifestyle. To that I say 'get over it!' Those who seem to have a problem, have known me almost since birth and know I've always been social, love dress-ups and love performing. I'm Gay and I'm a Drag Queen. If my parents and brother can deal with it and still love me and support me that's all I care about. After growing up in a church and hearing gays be condemned weekly in which some individuals condemned homosexuality to my face I'm just utterly disappointed that I still hear people, I haven't had anything to do with for 3 years, still have issues with my life. I tell them focus on your own life, because I'm living my life and enjoying every second of it.

Of course we get camper and gayer with experience, but I've tried to never lose myself. Isis and Amena keep Ivyy grounded and inspired and give me opportunity after opportunity. So come see me at the GH Friday and Saturdays and Sunday at Love Machine. You can say my name at both venues for cheaper entry.



q expo: FITNESS & HEALTH 2015

If you're bored with your training schedule, want to start a new fitness kick or need valuable training or diet advice then head to the ultimate workout for fitness, wellness and health— the Fitness & Health Expo, Melbourne Convention & Exhibition Centre, April 10-12 — and find the best new fitness solution for you.

Try and test the absolute latest fitness equipment, accessories, classes and clothing, watch live sporting events and meet some of Australia's top fitness experts and athletes as they share their advice on leading a healthy lifestyle and maximising training results.

The tools you need.

Reaching fitness goals requires access to the best tools — the right accessories, equipment, classes and nutrition. Under one roof you can see the latest equipment that will be on offer at local gyms this year, find and take part in a new fitness class at the Les Mills stage, compare heart rate monitors, find a new pair of runners or take home the latest nutritional advice and

products. All of the major fitness and health brands attend the Expo to unveil their latest offerings including respected names such as Lorna Jane, Skins, Musashi, Garmin, Step into Life, Fernwood and Les Mills. Touch products, try them and speak to the experts who make and design them.

The motivation you seek.

Be motivated by some of the best in the industry including top fitness celebrities like Michelle Bridges and Commando Steve, who will present their insights and, if you're game, put you through your paces as well. Head to the The Arena to watch presentations from top athletes and trainers or watch a cooking demonstration on the Expo floor from the Healthy Chef Teresa Cutter.

The inspiration you want.

Nothing's more inspiring than watching some of Australia's fittest sportspeople in action. A number of live sporting events will take place across three days including:



FITNESS

& HEALTH

- · Natural Bodybuilding and Sports Modelling competitions, hosted by the International Natural Bodybuilding Association. This will include the largest event in Australian natural competition history with the creation of the INBA/PNBA Australian Elite Pro Qualifier League. INBA Australia members can earn their Pro Status and compete for a chance to receive return flights and accommodation to the US for the INBA/PNBA Natural Olympia.
- The Jiu-Jitsu State Championships run by the Australian Federation of Brasilian Jiu Jitsu in the purpose-built Martial Arts Arena. Around 1000 athletes are expected to compete.
- The Australian Raw Powerlifting Championships and International Pacific Powerlifting Invitational, reserved for the strongest men and women in the world, including current Superheavyweight World Champions who will attempt to set new records.
- The Arena will be an action-packed area featuring demonstrations of cutting-edge training techniques, Strength Sports Challenges, CrossFit competitions, Group Training Sessions and Celebrity Open Workouts

For those considering a career in fitness or wanting to further develop a fitness business, there is plenty of support on offer including the Industry Lounge powered by Fitness Australia featuring a business advice centre. The Expo is also co-located with FILEX, the fitness industry convention offering over 250 sessions delivered by the industry's thought leaders and renowned educators.

The Fitness & Health Expo will be open from 10am – 5pm daily with Friday open only to those who work within the fitness and health industry. For more information visit www.fitnessexpo.com.au and follow Facebook and Twitter for updates on features, timetables and celebrities

General visitors can pre-book tickets online to avoid the queues — cost is \$30 for a one-day ticket. If you work in the industry, entry is free if you pre-register online and provide the appropriate identification.

q music: TALENTED JADE LEONARD

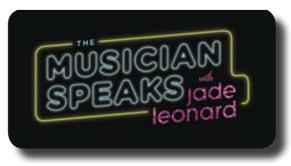
Where is the space on Australian television showcasing local and international musicians: a place where multi-genre and award-winning soloists and bands can be truly appreciated? The truth is, this hasn't existed for a long time, and now renowned independent musician Jade Leonard has the solution. She's created a music performance television program, developing, producing and hosting

The Musician Speaks, airing weekly on community station C31 at 7.30pm.

Jade's passion on the topic is palpable. "I believe in creating space for musicians to be celebrated. That's what The Musician Speaks (TMS) is a platform to allow artists to flourish, learn and grow and for us to witness the incredible breadth of their talent and learn more about their artistic processes. TMS is like watching a private concert in your lounge room. I figured that's the best way to honour these musicians - by getting up close and personal, letting them fully demonstrate their musical skills. We can find out more about the person behind the music this way".

Spanning multiple genres, Jade is showcasing a wide variety of performers across six episodes in season one. Featuring internationally renowned, award-winning jazz pianist Joe Chindamo; Australia's most prolific Brazilian guitarist, Doug DeVries; up and coming underground electro-duo, Cocoa Noire; Opera Australia award-winning soprano, Kathryn Radcliffe; hot folk band Forest Falls; and soul singer songwriter, Arowe, the mix is as eclectic as Jade's record collection.

Across the course of her 20 year career as an independent contemporary musician, Jade's fearless and proactive attitude has seen her work with Australia's best, and release her music to wide acclaim. Jade hopes this will be the beginning of her legacy to the international music community.





"I have a big vision for this program, this is just the beginning of the journey! With this show I want to put a massive spotlight on talent all around the world. I feel like I'm contributing in a small way by providing a platform for artists to tell their stories."

Can't get C31 on your TV? Prefer to watch the show and meet the musicians with a bag of popcorn on your lap? Celebrate in person with Jade and her guests with weekly screening parties at GH Hotel. The first 50 people through the door each week will receive a free glass of sparkling wine on arrival.

"When I'm passionate about something, I make it happen. More of our musicians need to be seen and heard. I'm humbled that TMS is now a reality, and I'm so excited to share it".

The Musician Speaks Live Screenings Monday 16th, 23rd, 30th March, 6th April The GH Hotel, 1 Brighton Road, St Kilda Time: 6.30pm- 8.30pm For further info. go to: www.themusicianspeaks.com

To stay tuned and become part of the TMS community on social media, go to: www.facebook.com/themusicianspeaks www.twitter.com/musicianspeaks #themusicianspeaks

q documentary: WIZARD OF OZ

Everyone knows the songs from The Wizard of Oz; in fact, Over the Rainbow is often cited as the greatest movie hit of all time. Few, however, know the names of the men who wrote Rainbow and the rest of the classic Oz score. The remedy for their anonymity now is in the hands of Aaron Harburg - great-grandson of The Wizard of Oz lyricist E.Y. "Yip" Harburg - who has begun pro-duction on The Sound of Oz. The feature-length documentary honors both his great-grandfather and Oz composer Harold Arlen.

The twenty-eight year old Harburg already has assembled a teaser trailer that heralds the two men and their Oz work. It also discusses the history and impact of the Harburg lyrics and Arlen melodies. "So many lives have been changed by the songs from The Wizard of Oz," he explains. "From If I Only Had a Brain to We're Off to See the Wizard to Ding-Dong! The Witch is Dead, there are countless untold stories of people who have found inspiration and joy in my great-grandfather's words. Yet few people know who he is. I hope to use the power of film to introduce the Oz songwriters - and their creative process - to the world."



While the making of The Wizard of Oz has been documented in numerous books and on home video, the specific story behind the film's songs has yet to be told. The Sound of Oz will detail the magical (and sometimes-combative) relationship Harburg's great-grandfather shared with composer Arlen. "They were very dif-ferent personalities, almost opposites," notes Aaron. "My great-grandfather was sanguine and chipper, while Mr. Arlen was a classic melancholic. Yet the first time my great-grandfather heard the melody for Over the Rainbow, he hated it," admits Harburg. "It wasn't until Ira Gershwin intervened and sug-gested Mr. Arlen play it differently - less symphonically - that Yip began to see how it could work."

Over the Rainbow won the Academy Award for "Best Original Song" just seven-ty-five years ago. Since then, it's been honored as the #1 Film Song of All Time by The American Film Institute and #1 Song of the Twentieth Century by The Na-tional Endowment for the Arts and The Recording Industry Association of Ameri-ca. The irony of this — to be explained in The Sound of Oz — is that the number was nearly dropped from Oz, not once, but several times.

The Sound of Oz also will explore the genius struck between composer and lyri-cist, as divulged in interviews with descendants of the original cast and crew, in-cluding Jane Lahr (daughter of "Cowardly Lion" Bert Lahr). The documentary will contain additional insights and comments from filmmakers of other Oz movies; Oz historians (including Emmy Award-winning producer/writer and Grammy Award-nominated journalist John Fricke); and several contemporary artists who sing, play, or are influenced by the Oz score to this day.

"The Wizard of Oz wouldn't have remained as iconic as it has without the songs," says Stephen Schwartz, composer/lyricist of the multi-billion dollar Broad-way sensation, Wicked, who sat down with Harburg and Jay last autumn for an on-camera interview. For the first time on record, Schwartz reveals - and plays - the strategically-hidden melody fragments from the songs of The Wizard of Oz that he incorporated in his score for Wicked.

Given his unique family background, it's likely that only Aaron could gather such a cast of participants. The Sound of Oz grew out of his passion, and it was his initial hope that the project would carry on his family legacy, providing long over-due recognition for lyricist Harburg and composer Arlen. But it has grown into more:

"I see now how important their story is to fans of The Wizard of Oz. From very humble beginnings, my great-grandfather partnered with Mr. Arlen, and together they crafted words and melodies that launched the golden era of movie musicals. Their story will inspire everyone to pursue their dreams, to never give up...and to always keep chasing the rainbow."

Publicity portrait of Judy Garland. Photo credit: The John Fricke Collection

To view The Sound of Oz trailer, visit www.thesoundofozmovie.com

q profile: CAMERON MENZIES

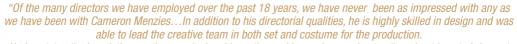
Multi-talented and multi-award winning Melbourne stage director Cameron Menzies has recently been very much in demand and it is not surprising that he is off to London again to direct two new productions for Britain's foremost chamber opera company DivaOpera after his huge success last year with his highly acclaimed production of Don Giovanni.

In the second week of March he will head back to London to re-rehearse his Don Giovanni in preparation for another tour in France and then to direct new productions of Donizetti's Lucia di Lammermoor and Mozarts' Le Nozze di Figaro for a European tour.

While Cameron is overseas he will also travel to Germany to research and study the works of Kurt Weill and Bertolt Brecht in Berlin. This is in preparation for his production of The Seven Deadly Sins with Victorian Opera later in the year starring International Cabaret Star - Meow Meow.

Already in 2015 Cameron has maintained a varied and exceptionally busy schedule. He has been the assistant director on the highly acclaimed production of The Flying Dutchman





He is outstandingly artistic, creative, musical and inventive and has a deep understanding about how to bring out the best qualities in the artists he is working with. He is a perfectionist who demands the highest standards possible from himself and everyone he works with including the artists, creative teams and stage management."

Anne Marabini Young, General Director, DivaOpera United Kingdom

Becoming known as one of the busiest men in the business Cameron will return to Melbourne later in the year to workshop a new musical about Australian War Hero Nancy Wake — The White Mouse. He is the creative director for the Melbourne Symphony Orchestra's Annual fundraising ball and he will direct the new Victorian Opera commission — The Grumpiest Boy in the World by Finegan Kruckemeyer composed by Joseph Twist as well as direct a fully staged opera that will tour to China. He has also just taken on an exciting project in December with the vibrant and versatile chamber ensemble — Plexus with Monica Curro, Stefan Cassomenos and Philip Arkinstall. We, at Q Magazine congratulate Cameron, wish him the greatest of success and a safe journey abroad, and look forward to his return to Australian shores.

GIVE YOUR WORD. PROMISE TO STAND UP AGAINST HOMOPHOBIA, TRANSPHOBIA & BIPHOBIA. ALWAYS.



q circus: BUT WAIT...THERE'S MORE

After being on the road from Melbourne to Mildura; Penrith to Palm Island; an international tour across America and a season at Montreal's legendary circus venue, La Tohu; the very first show created in the new Circus Oz Collingwood home, But Wait...There's More, returns to Birrarung Marr this winter under the heated Circus Oz Big Top.

Melbourne's own world-famous Circus Oz ensemble are on the top of their game, and feature a creative bunch of 12 fabulous weirdos including graceful men, strong women, incredibly intricate and innovative jugglers, lyrical and virtuosic unicyclers, brazen hula hoopers, hilarious flying trapeze artists, booty-shaking hip-hoppers, highly-musical-acrobats and highly-acrobatic-musicians.

Featuring exuberant live circus performances presented at increased velocity, But Wait...There's More is also a satirical look at today's culture of infobesity and consumer overload around all the STUFF, STUFF and STUFF (but wait...there's more — STUFF).

In true Circus Oz style, where collaboration, multi-skilling and invention are part of daily life, But Wait...There's More has continued to develop and tighten as the ensemble refine their ideas, play with interludes and importantly craft their performances in response to audience reactions.

But Wait...There's More was created from scratch last year with the addition of lots of newly recruited ensemble members

under the direction of Circus Oz Artistic Director, Mike Finch, and Circus Oz Touring Show Director, Debra Batton with a world-class team of designers: costume (Laurel Frank), lighting (Paul Jackson), inflatable set (Felipe Reynolds) props (Michael Baxter) and song writing (Casey Benneto).

Circus Oz Artistic Director, Mike Finch, explains that Melbourne is the only city that will experience the return season of But Wait... There's More, and reflects on why Circus Oz unique for so many reasons, "... the camaraderie of the ensemble, the big group acts, the strong women, the live original music, the irreverent comedy, the raucous physicality, the Big Top, the all-ages show with something for everyone, even the thinking grown-ups ... all are signature aspects of Circus Oz that also happen to showcase some of the best things about being Australian."

TICKETS ON SALE MONDAY, 23 MARCH 2015
Circus Oz Big Top season in Melbourne – But Wait...There's More
17 June - 12 July 2015
Circus Oz Big Top
Birrarung Marr, Melbourne (between Federation Square and Batman Avenue)
\$22 - \$95 (plus booking fees)
Bookings ticketmaster.com.au or 136 100

Credited with revitalising a traditional artform in a uniquely Australian way, Circus Oz is a rock 'n' roll, animal-free circus that has influenced the development of circus arts around the world since its foundation in 1978. Circus Oz undertook its first and critically praised international tour in 1980 and has continued touring to over 100 cities and regions in 26 countries - playing to over 3.6 million people.

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q fundraising: RAINBOW INITIATIVE

Australian LGBTIQ Charities join forces to create the Rainbow Initiative. Using your online shopping to donate to LGBTIQ community groups



15 Australian LGBTI Charities and community groups have joined forces with the Global Fundraising Initiative to create a new online donation service called the "Rainbow Initiative".

The Rainbow Initiative, http://www.rainbowinitiative.com, is an online shopping site where people can shop for products and services from Australian retailers and donate for free to their favourite LGBTI charity. The free donation is created from the sales commission paid for purchases via the Rainbow Initiative website.

"Shopping with the Rainbow Initiative's participating retailers doesn't cost shoppers any more than buying from them direct and the donation comes from the commission we are paid on the sale," said Mr Alex Jordan, CEO of the Global Fundraising Initiative. "We have created a way for our community to donate to charity for free."

The more than 100 participating Rainbow Initiative retailers sell clothes, shoes, beauty products, flowers, sporting goods, office supplies, book hotels and even credit cards, insurance policies or mobile phone account. There is also a food home delivery service participating.

"Australians are spending around \$30 billion a year through online shopping, we are hoping that the community will use the Rainbow Initiative first to find their online retailers before going anywhere else so that the community charities and groups get the support they need," added Mr Jordan.

Charities and Community Groups participating in the Rainbow Initiative include Bobby Goldsmith Foundation, Twenty10 incorporating GLCS, WA AIDS Council, Positive Life SA, NSW Gay & Lesbian Rights Lobby, GLWA the Matrix Guild of Victoria, Living Positive Victoria, InterPride, The Pinnacle Foundation, the Gender Centre, pflag Perth and the Transgender Anti-Violence Project.

"As a part of the community myself, creating the Rainbow Initiative to benefit these organisations has been a personal goal of mine", said Mr Jordan. "Our Charity Organisations have done so much for the community and it is my personal hope that we will have all community groups come on board to be a part of the Rainbow Initiative. We have invited them all to participate but are still waiting for some to respond."

People buying products via the Rainbow Initiative will have the option of joining the site. If they do join, the commissions generated by their shopping is donated to their nominated charity in their name and they will receive the tax deductible receipt for the donation amount.

"The Rainbow Initiative is the one making the donation, not the shopper," explained Mr Jordan, "we make the donation in the shoppers name as our way of saying thank you and encouraging them to come back and shop again so even more money can be donated. It is the shopper after all that is spending the money."

The Rainbow Initiative provides all participants with an email confirmation of their purchase and the donation amount with the tax deductible receipt from the charity sent to the shopper being the confirmation that the donation has been paid.

"Too many businesses ask people to shop with them and they will donate but how can the shopper be sure what has actually paid to charity? With the Rainbow Initiative, we donate on behalf of the shopper so that they can confirm that the donation they have created has in fact been paid, "said Mr Jordan.

The Rainbow Initiative went live in Australia on the 20th of February. Current plans are to expand the Rainbow Initiative into the USA in March / April this year. Q Magazine is proud to support The Rainbow Initiative.

q health: with KEREN WIGLEY

IT'S JUST OLD AGE OR IS IT?

Would you agree that we were educated to plan and provide for our future from a very early age?

Perhaps some of us saved pocket money for our first prized possession, thought about what we wanted to be when we grew up and started making educational choices that would give us the qualifications we needed to become that person. Around that time we also unconsciously started noticing older people who became valuable role models.

As we grew older people came into our lives who we wanted to take care of. So either for ourselves, for them, or for both, we planned for the future and things such as insurance, superannuation and perhaps even a home, business or investment property crept into our lives. We often worked hard to accumulate the things that we needed to ensure a comfortable retirement and to provide a safe and comfortable life for ourselves and our loved ones. We secured our future. Or so we thought.

Fast-forward a few years to now. Do you recall that significant someone who was a role model for you in your childhood? Where are they now and what are they doing? More importantly, how are they doing health-wise? They may be doing very well indeed. Or they may not be doing very well.

Look around. Look around at other people you know from your childhood and notice how they are doing. Not what they are doing, HOW they are doing. Not their

insurance, relationships, homes, businesses, investment properties, superannuation policies or other possessions that they have so well-deservedly accumulated. How are they doing health-wise?



As you look around, notice that as people get older they start accumulating more than possessions and financial security. They start accumulating a dis-harmony or dis-ease in their bodies. This dis-harmony or dis-ease may begin in small ways that are barely noticeable. Perhaps a little stiffness in the joints, sensitivities, food intolerances, or rashes on the skin. Or ways that are more noticeable and have a greater impact on quality of life. Digestive problems, arthritis,

heart conditions, diabetes, cancer.

"It's just old age" they say with a heroic stoicism, proudly wearing the medals of their hard-fought battles and life's achievements. Yes, just old age. Something that is our heritage, to be expected and accepted without question. OR IS IT?

What if our parents, our parents' parents, or our parents' parents had the same conditions. "It's in my genes". Yes, right, great. That means we don't have to do anything about it. Fait accompli. We're off the hook.

Is that right? I don't think so. We're not really off the hook. Research has shown, beyond doubt, that lifestyle and nutrition determine which genes are actually activated in our lifetime. That means that if we choose to, we can actually achieve the health and well-being that we intend for our life. And enjoy a long, healthy, vibrant and energetic retirement.



So preparing for our future can include activating and maintaining an insurance policy for our health. It doesn't cost \$\$ every month, just awareness, commitment and a willingness to make a few changes.

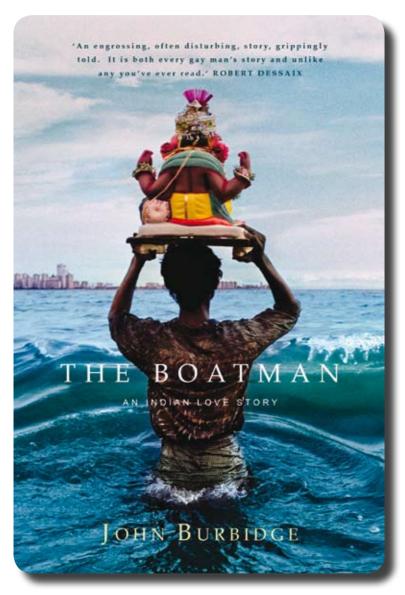
It's pretty simple really. Put the good stuff in, get the bad stuff out, move, breathe and be happy. Talk to Keren at Holistic Health Melbourne if you want to secure your future. Call 0409 706727 or email holistichealthmelb@bigpond.com

q win: LOVE IS IN THE AIR

The Boatman

New book 'The Boatman' explores life as a gay man traveling India. In the early 80s there was no gay 'scene' in India. At least, that's what any foreign traveller or average Indian would have thought. But vou just had to know where to look and dare to risk and a world of unexpected delights awaited vou. Whether in crowded suburban trains, where intimate body contact is assured, or in shadowy corners of darkened parks, young men were always keen to meet you in every city or town.

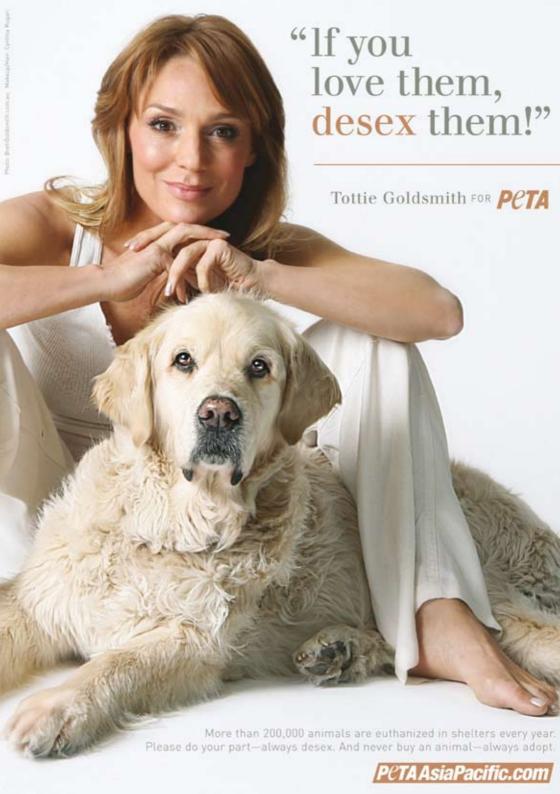
The Boatman (Transit Lounge \$29.99) author John Burbidge became adept at ferreting out such places and made an array of contacts from all echelons of society and cultural backgrounds. Networking among gay men prior to the Internet - across the Subcontinent floored him. Be it New Year's Eve gatherings at Mumbai's iconic Bandstand or all-night parties replete with Bollywood-style drag shows, India's gay community found ways to come together and celebrate. Police entrapment, theft. STDs and other dangers were ever present, but the thrill of the hunt and the rewards it promised were hard to resist. Which is probably why he found himself going from sexual abstinence to virtual addiction in a few short but jam-packed vears....



Written with passion, integrity and humour, The Boatman is packed with incident, anecdote, adventure and above all, real and memorable people. His story shows us how, when we dare to immerse ourselves in a culture radically different from our own, we may discover parts of ourselves we never knew existed. Now available at bookstores, online retailers and www.transitlounge.com.au

We have 5 copies of The Boatman to give away. Email getfree@gmagazine.com.au with boatman in the subject line to enter.

* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calenda month with the prize draw taking place at 5pm the following day at Apt. 7, 16 Westbury Grove, St. Kilda East 3183. Names and addresses o people winning prizes valued at or over \$250 ONLY will be published in the following issue of OMpaqzine. All monthly winners are notified by email



q scene: **OUT & ABOUT**

























q scene: OUT & ABOUT



















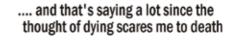


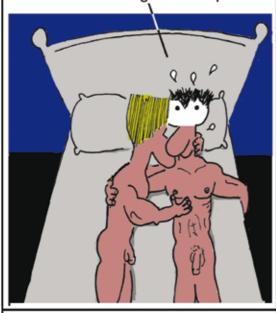


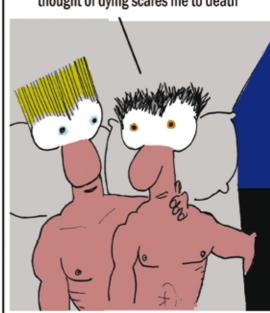


Gaylord Blade by KICHI

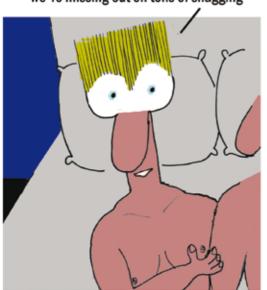
You're magic, Gaylord! ... I should die now because no shag will EVER top that





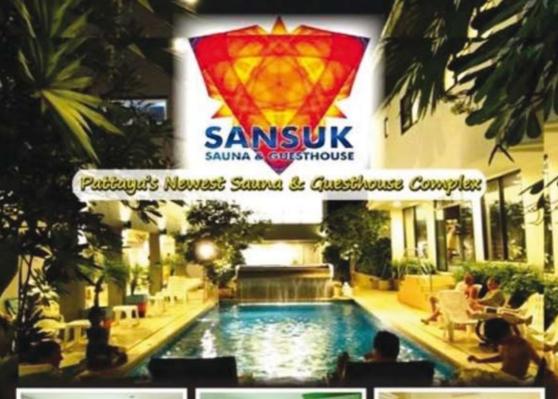


What's to fear? Sure we'll smell bad but we won't be aware of that or even that we're missing out on tons of shagging



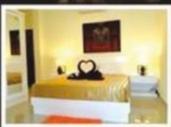
Except for smelling bad, death sounds like life before I came out of the closet

















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